



**DISTRIBUTED BY:**  
 PAPAREPA  
 FROZEN FOODS  
 MIAMI, FL

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# VENEZUELAN BRAND CHEESE EMPANADA

EMPANADA VENEZOLANA DE CARNE



**30**  
**UNITS**  
 8.2 lb approx

## INGREDIENTS

White Cheese (Pasteurized milk, Salt, Calcium chloride and enzymes) Sour tapioca starch. Tapioca flour, Eggs, Sugar, Margerine (Vegetable oil blend (Palm oil and soybean oil), Water, Salt, Contains less 2% Soy lecithin, Vegetable mono and diglycerides, Potassium sorbate, (preservative). Citric acid, Natural and artificial flavor, Beta Coretene (color). Vitamin A palmitate added, Whey), Milk (Vitamin D3), Corn starch.

Contains: Milk, Eggs and Soybean.

## Nutrition Facts

30 servings per container  
**Servings size 1 empanada (100g)**

Amount per serving  
**Calories 180**

	% Daily Value*
<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 430mg	<b>19%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 7g	
Includes 6g added Sugars	<b>12%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	0%
Calcium 153mg	10%
Iron 0mg	0%
Potassium 94mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**COOKING INSTRUCTION**

Defrost in refrigerator  
 Fry 375° degrees for 5-8 minutes  
 Let stand for 1 minute

