



DISTRIBUTED BY:
 PAPAREPA
 FROZEN FOODS
 MIAMI, FL

PLANT:
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VENEZUELAN BRAND CHEESE EMPANADA

EMPANADA VENEZOLANA DE CARNE



30
UNITS
 8.2 lb
 approx

INGREDIENTS

White Cheese (Pasteurized milk, Salt, Calcium chloride and enzymes) Sour tapioca starch. Tapioca flour, Eggs, Sugar, Margerine (Vegetable oil blend (Palm oil and soybean oil), Water, Salt, Contains less 2% Soy lecithin, Vegetable mono and diglycerides, Potassium sorbate, (preservative). Citric acid, Natural and artificial flavor, Beta Coretene (color). Vitamin A palmitate added, Whey), Milk (Vitamin D3), Corn starch.

Contains: Milk, Eggs and Soybean.

Nutrition Facts

30 servings per container

Servings size 1 empanada (100g)

Amount per serving

Calories 180

% Daily Value*

| | |
|-------------------------------|------------|
| Total Fat 10g | 13% |
| Saturated Fat 5g | 25% |
| Trans Fat 0g | |
| Cholesterol 25mg | 8% |
| Sodium 430mg | 19% |
| Total Carbohydrate 16g | 6% |
| Dietary Fiber 2g | 7% |
| Total Sugars 7g | |
| Includes 6g added Sugars | 12% |
| Protein 7g | |
| Vitamin D 0mcg | 0% |
| Calcium 153mg | 10% |
| Iron 0mg | 0% |
| Potassium 94mg | 2% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**COOKING
 INSTRUCTION**

Defrost in refrigerator
 Fry 375° degrees for 5-8 minutes
 Let stand for 1 minute

