



MANUFACTURED BY:
 PAPAREPA
 FROZEN FOODS
 MIAMI, FL

PLANT:
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COLOMBIAN BRAND MINI CHICKEN EMPANADA

EMPANADA COLOMBIANA DE POLLO



100
UNITS
 8.30 lb
 approx

FILLING

Potatoes (Potatoes, Palm oil, Dextrosa, Sodium Acid Pyrophosphate to promote color retention) Chicken Breasts, Complete seasoning, (Dehydrated vegetables, Garlic, Onion, Salt, Monosodium glutamate, Spices, Herbs and Tricalcium Phosphate)(to prevent caking), Chicken Flavor (Salt, Maltodextrin (from Corn), Sugar, Destroxe, Cornstsrch, Hydrogenated Soybean and/or Cottonseed Oil, Onion powder, Rendered Chicken Fact, Natural flavoring, Monosodium inosinate and Disodium Guanylate) Black Pepper, Cumin, Salt, Yellow color, (Yellow corn flour, FD&C Yellow #5, Spices, Extractives of Annatto, FD&C Red #40

DOUGH

Water, Yellow Corn, Yellow Corn Meal, Refined Soy Bean Oil, Tapioca Starch, Salt

Nutrition Facts

100 servings per container
Servings size 2 empanada (70g)

Amount per serving
Calories 130

Calories from Fat 40

	% Daily Value*	
Total Fat 4.5g		7%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 5mg		2%
Sodium 340mg		14%
Total Carbohydrate 18g		6%
Dietary Fiber 3g		12%
Total Sugars 3g		
Protein 5g		
Vitamin A 0%	•	Vitamin C 2%
Calcium 0%	•	Iron 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



COOKING INSTRUCTION

Deep fry at minimum 350 degrees for approximately 6 to 7 minutes to a minimum internal temperature of 165°F is reached.



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