



**MANUFACTURED BY:**  
 PAPAREPA  
 FROZEN FOODS  
 MIAMI, FL

**PLANT:**  
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# COLOMBIAN BRAND MINI CHEESE EMPANADA

EMPANADA MINI COLOMBIANA DE QUESO



**100**  
 UNITS  
 7.30lb  
 approx

## FILLING

Cheese (Pasteurized Milk, Cheese Cultures, Salt and enzymes)  
 Water, Rice, Margarine (Liquid and partially hydrogenated Soy  
 Bean water, Salt Soy Lecithin, Vegetables Mono and  
 Diglycerides, Sodium Benzoate A preservative) Citric Acid,  
 Natural and artificial flavor, Beta Carotene color, Vitamin A  
 Palmite added, Contain: Soybean.

## DOUGH

Water, Yellow Corn, Yellow Corn Meal, Refined Soy Bean Oil,  
 Tapioca starch, Salt.

## Nutrition Facts

100 servings per container  
**Servings size 2 empanada (70g)**

Amount per serving  
**Calories 190**

**Calories from Fat 90**

		% Daily Value*
<b>Total Fat</b> 10g		<b>16%</b>
Saturated Fat 4.5g		<b>23%</b>
Trans Fat 0g		
<b>Cholesterol</b> 20mg		<b>7%</b>
<b>Sodium</b> 360mg		<b>15%</b>
<b>Total Carbohydrate</b> 18g		<b>6%</b>
Dietary Fiber 3g		<b>11%</b>
Total Sugars 3g		
<b>Protein</b> 8g		
Vitamin A 4%	•	Vitamin C 0%
Calcium 15%	•	Iron 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	20g	300g
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



**COOKING  
 INSTRUCTION**

Deep fry at minimum 350 degrees  
 for approximately 6 to 7 minutes to  
 a minimum internal temperature  
 of 165°F is reached.



**KEEP  
 FROZEN**

**COOK  
 THOROUGHLY**

**MADE IN  
 USA**

